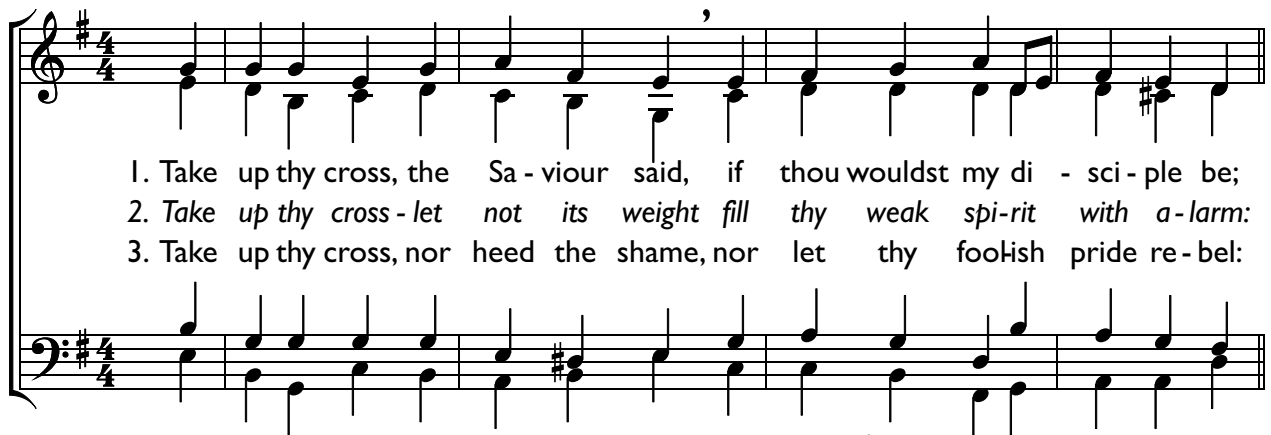


AMNS 237 Take up thy cross, the Saviour said

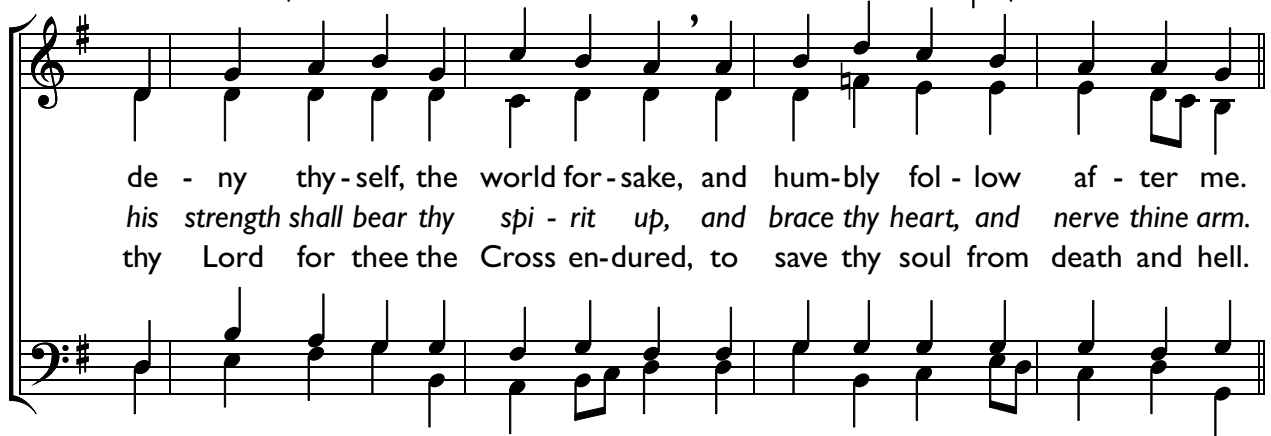
Melody: Breslau

C.W. Everest
(1814-1877)


Traditional German melody,
harmony from AMR



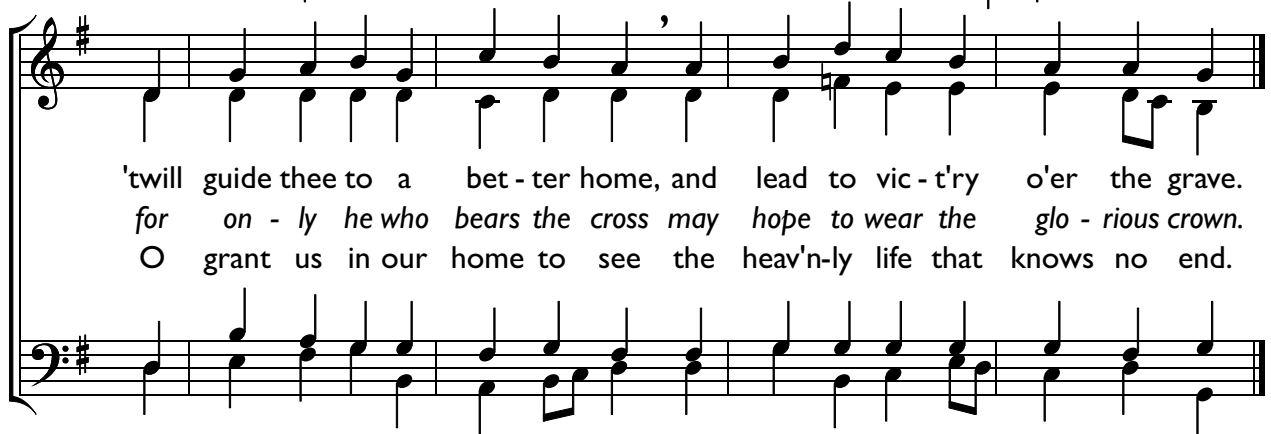
1. Take up thy cross, the Sa - viour said, if thou wouldst my di - sci - ple be;
2. Take up thy cross - let not its weight fill thy weak spi - rit with a - larm:
3. Take up thy cross, nor heed the shame, nor let thy foolish pride re - bel:



de - ny thy - self, the world for - sake, and hum - bly fol - low af - ter me.
his strength shall bear thy spi - rit up, and brace thy heart, and nerve thine arm.
thy Lord for thee the Cross en - dured, to save thy soul from death and hell.



4. Take up thy cross then in his strength, and calm - ly ev - 'ry dan - ger brave;
5. Take up thy cross, and fol - low Christ, nor think till death to lay it down;
6. To thee, great Lord, the One in Three, all praise for ev - er - more as - cend:



'twill guide thee to a bet - ter home, and lead to vic - t'ry o'er the grave.
for on - ly he who bears the cross may hope to wear the glo - rious crown.
O grant us in our home to see the heav'n - ly life that knows no end.